



MENU FOR THE WEEK OF:  
September 13<sup>th</sup>-17<sup>th</sup>, 2010



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

Cereal  
&  
Fruit

Blueberries  
Cottage Cheese  
&  
Toast

Cereal  
&  
Fruit

Strawberries  
Yogurt  
& Granola Parfait

Muffins  
&  
Fruit

LUNCH

Chicken Veggie Rice  
  
Oranges

Pasta Primavera  
  
Applesauce

Tomato Soup  
W/  
Chicken & Peas  
  
Mix Fruit

Meatballs  
  
Peas  
  
Pears

Hot Dogs  
  
Carrots  
  
Grapes

SNACK

Teddy Grahams

Carrots w/ Ranch  
Or  
Ritz Crackers

Pineapple

Rosey's  
Trail  
Mix

Snack  
Mix  
Up