

## FOOD SERVICE AND NUTRITION

Meals shall be provided for all children in attendance at the time of serving. Children in the three and four year-old Preschool program may bring in their own lunch if they do not like what is on the Rosey menu. The Kindergarten and Latch Key kids also have the option of bringing their own lunch if they do not want what is on the Rosey menu. Food served by Rosey's shall be of sufficient quantity and nutritional quality to provide for the dietary needs of each child. Rosey's follows the food pyramid to provide to most balanced diet. Any food that is brought from home must be within the food pyramid's recommended allowance for your child. Food served is precooked and Rosey's is responsible for warming food up if it is necessary. All food is heated through until done, checked with a thermometer. Rosey's never serves any fried foods. A child shall be served meals and snacks in accordance with the following schedule:

BREAKFAST      7:30am-8:30am

LUNCH            11:30am-12:30pm

SNACK            3:00pm-3:30pm

The toddlers receive a mid-morning snack. The Kindergarten and Latch Key kids are able to eat a Rosey lunch when they are in attendance at lunchtime.

The infant room and baby room does not follow this schedule. The babies eat on their own schedule. Parents are responsible for bringing in all jar baby food and baby cereal. Parents are also responsible for bringing pre-made formula bottles.

No child will be deprived of a meal or snack if they are in attendance during these times. If your child arrives after breakfast or lunch is served, please make sure they have already eaten.

Children like to bring in Birthday treats for their friends and if you do not want your child to receive these sometimes sugary treats, please inform your child's teacher and we will make sure that they get an alternative for snack.

If your child has an allergy to a food please inform the office and your child's teacher. You will be required to bring in an alternate food for your child to be served at lunchtime.